with Brian Volk

Mon & Wed / 6:30pm - 9:30pm / Jan 29 - Feb 7
REGISTER BY: Jan 22
Sa / 9:00am - 4:30pm / Feb 10 / (daytime outdoor field experience)
Four 2-hour sessions with outdoor field experience / 1 credit / ARSK F147A
Cost: NOW $146 -- OR $110 if paid in advance!

This course focuses on preparation and development of knowledge and skills to cope effectively with the difficulties and dangers frequently confronting people who travel, work, or recreate in the Arctic. Topics include appropriate survival kits, clothing options, nutrition, and hydration needs, shelter construction, signal development, cold weather injuries and safety issues related to modes of transportation. There is a one-day field practicum to practice skills learned.

Brian Volk is a teacher at NACTEC who has lived in several remote rural communities in Alaska. He has extensive experience traveling in cold, northern climates.